

## Blue Care Medical Centre Check-up Preferential Offers

*Up to 55% discounts*

	Suitable for people aged 18 or above	For weight, diabetic & hypertension management	Suitable for people aged 40 or above	
Medical Check-up Plans	Jade	Pearl	Diamond	
Plan code	SG-MS3 (M/F)	SG-NU (M/F)	SG-MM (M)	SG-MF (F)
Complete Physical Exam by a Doctor	✓	✓	✓	✓
Medical History & Health Questionnaire	✓	✓	✓	✓
<b>Physical Exams</b>				
Height, Weight & Blood Pressure	✓	✓	✓	✓
BMI & Waist/Hip Ratio	✓	✓	✓	✓
Visual Acuity & Colour Vision	✓	✓	✓	✓
Hearing Test by Tuning Fork	✓		✓	✓
<b>Hematological Test</b>				
Complete Blood Count	✓	✓	✓	✓
<b>Diabetes Mellitus</b>				
Glucose (Fasting)	✓	✓	✓	✓
HbA1C		✓	✓	✓
<b>Liver Function Tests</b>				
SGOT/AST			✓	✓
SGPT/ALT	✓	✓	✓	✓
Alkaline Phosphate	✓	✓	✓	✓
Gamma GT	✓		✓	✓
Total Bilirubin & Total Protein			✓	✓
Albumin & Globulin			✓	✓
<b>Hepatitis Status</b>				
Hepatitis A - HAV Ab Total			✓	✓
Hepatitis B - HBsAg & HBsAb	✓		✓	✓
<b>Arthritis Screening</b>				
Uric acid (Gout)	✓	✓	✓	✓
<b>Lipid Profile</b>				
Cholesterol (Total)	✓	✓	✓	✓
Cholesterol (HDL & LDL)	✓	✓	✓	✓
Triglycerides	✓	✓	✓	✓
<b>Kidney Function</b>				
Creatinine	✓	✓	✓	✓
Urea	✓	✓	✓	✓
<b>Thyroid Function</b>				
T4	✓		✓	✓
TSH		✓	✓	✓
<b>Serological</b>				
VDRL			✓	✓
<b>Urine Examination</b>				
Urine Analysis	✓	✓	✓	✓
<b>Stool Examination</b>				
Occult Blood	✓		✓	✓
Stool Routine	✓		✓	✓
<b>Cardiac Function</b>				
Resting ECG	✓	✓	✓	✓
Treadmill Stress Test			✓	
<b>X-ray</b>				
Chest X-ray	✓	✓	✓	✓

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Medical Check-up Plans	Jade	Pearl	Diamond	
Plan code	SG-MS3 (M/F)	SG-NU (M/F)	SG-MM (M)	SG-MF (F)
<b>Lung Function Test</b>				
Vitalograph	✓		✓	
<b>Bone metabolism</b>				
Calcium			✓	✓
Phosphate			✓	✓
<b>Osteoporosis Screening</b>				
DEXA (Spine and Hip) *				✓
<b>Tumour Markers</b>				
Alpha-fetoprotein (Liver)	✓		✓	✓
EBV for NPC			✓	✓
Prostate-specific antigen (PSA) (male only) (Recommend for Age 40 or above)	Choose 1 out of 3 items		✓	
Pap smear (female only)				✓
<b>Female Check</b>				
Pelvic & Breast Examination				✓
Mammogram (for age 40 or above only) or Breast Ultrasound (for age below 40 only) #				✓
<b>Report and Follow Up</b>				
Lab report with Doctor's comment	✓	✓	✓	✓
Follow-up Consultation for Report Review	✓	✓	✓	✓
<b>Dietitian Consultation</b>				
Nutrition Screening & Consultation Service^ (Around 45 – 60 minutes)		✓		

<b>Original price</b>	<b>HK\$5,330</b>	<b>HK\$4,250</b>	<b>HK\$9,800</b>	<b>HK\$10,200</b>
<b>Discounted price</b>	<b>HK\$2,400</b>	<b>HK\$2,150</b>	<b>HK\$4,780</b>	<b>HK\$4,900</b>

Additional Check-up Items (Optional)	Price (HK\$)
Bone Density – DEXA (Spine and Hip)*	\$680
Mammogram	\$1,100
Treadmill Stress Test	\$1,850
<b>Ultrasound #</b>	
Upper Abdomen Ultrasound (Liver, Gall Bladder, Kidney, Pancreas, Spleen)	\$2,000
Breast Ultrasound (Female)	\$1,000
Pelvis (transabdominal) Ultrasound (Female)	\$1,000
Breast & Pelvis (transabdominal) Ultrasound (Female)	\$1,850
Ultrasound Liver & Gall Bladder	\$900
<b>Tumour Markers</b>	
Alpha-fetoprotein (AFP)	\$320
Carcinoembryonic Antigen (CEA)	\$360
EBV serology for NPC EB	\$380
Pap Smear (Female)	\$350
Prostate Specific Antigen (PSA) (Male)	\$380
<b>Others Laboratory Test</b>	
Hepatitis A – HAV Ab Total	\$290
Hepatitis B – HBsAg & HBsAb	\$320

\* DEXA (Spine and Hip) available in Central Clinic or referral to designated Imaging Centre in Kwun Tong

# For ultrasound, doctor's referral to designated Imaging Centre in Central / Mongkok / Kwun Tong

^ To be provided by HKU SPACE Dietetic Clinic at Fortress Tower, North Point (MTR Fortress Hill Station)

Additional Vaccination Items (Optional)	Price (HK\$)
Hepatitis A and Hepatitis B Combined Vaccine (3 doses in total)	\$1,800 for 3 doses <b>Effective from 8<sup>th</sup> April, 2019:</b> <b>\$1,900 for 3 doses</b>
Shingles Vaccination (1 dose in total) (Free doctor consultation before the vaccination)	\$1,300 for 1 dose

*Note: The prices of optional items are subject to change without prior notice.*

## Check-up Locations

Blue Care Medical Centre	Opening Hours		
10/F, 33 Des Voeux Road Central, Central, Hong Kong (MTR Central Station, Exit "B" or Hong Kong Station, Exit "C")  Tel: 2523 1808	<u>Monday to Friday</u> 8:30 a.m. to 1:00 p.m.  2:00 p.m. to 6:00 p.m.	<u>Saturday</u> 8:30 a.m. to 1:00 p.m.	<u>Sunday &amp; public holidays</u> Closed
Unit 2802, 28/F, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon (MTR Kwun Tong Station, Exit "A2")  Tel: 2523 9383	<u>Monday to Friday</u> 8:30 a.m. to 1:30 p.m.  2:30 p.m. to 6:00 p.m.	<u>Saturday</u> 8:30 a.m. to 1:00 p.m.	<u>Sunday &amp; public holidays</u> Closed

## U Care Website

[www.ucare.com.hk](http://www.ucare.com.hk)

**Terms and Conditions**

1. These offers are applicable to holders of a BEA SupremeGold World Mastercard, BEA World Mastercard, BEA Flyer World Mastercard and The Hong Kong Racehorse Owners Association World Mastercard (the “Cardholder” of the “BEA World Mastercard”).
2. The U Care medical check-up offer is valid from 1<sup>st</sup> January, 2019 till 31<sup>st</sup> December, 2019.
3. This programme has been arranged by The Bank of East Asia, Limited (“BEA”) for the Cardholders in cooperation with U Care Hong Kong Medical Limited (the “Merchant”), which has appointed Blue Care Medical Centre (“Blue Care”) as the medical service provider.
4. Each Cardholder is entitled to unlimited enrolment each year at a special rate.
5. Offers are available while stocks last. Prior appointment is required. The Cardholder must settle all payments in full with a BEA World Mastercard.
6. No withdrawal or changes may be made after reservation.
7. The offers are non-redeemable, non-transferable, non-refundable and non-endorsable, and cannot be enjoyed in conjunction with any other promotional offers, discounts, membership programmes, or VIP programmes offered by the participating merchant.
8. The offers are bound by the respective terms and conditions of the Merchant.
9. For medical check-up plan enquiry and appointment, please contact Blue Care directly.
10. BEA makes no representation or guarantee as to the quality and availability of the products, services, or information provided by Blue Care. BEA shall not be liable for any matters arising from or in connection with the products, services, or information related to the offers. Cardholders should direct any queries or complaints to Blue Care.
11. No person other than the Cardholder or BEA will have any right under the Contracts (Rights of Third Parties) Ordinance (Cap. 623 of the Laws of Hong Kong) to enforce or enjoy the benefit of any of the provisions of these Terms and Conditions.
12. BEA and the Merchant reserve the sole right to vary or cancel the offers and/or amend or alter these Terms and Conditions at any time without prior notice. In the event of any dispute, the decision of BEA and the Merchant shall be final and conclusive.

To borrow or not to borrow? Borrow only if you can repay!