

BEA MPF 東亞強積金

"Health • MPF" All-inclusive Retirement Online Seminar

「健康 • 強積金」退休全方位網上講座

Planning Well for A Prosperous Life
良好規劃助你樂享豐盛人生



Speakers ¹ 講者¹

➤ **Ms. Tang Sze Man, Leona**
Vice President
BEA Union Investment Management Limited
Topic : Global Economic and Market Outlook 2024
鄧詩敏女士
副總裁
東亞聯豐投資管理有限公司
主講題目: 2024年環球經濟及市場展望

➤ **Ms. Leung Shuk Ying**
Training Consultant
Vital Employee Service Consultancy
Topic : Undress Your Stress: Take Stress In Your Stride
梁淑英女士
培訓顧問
盈力僱員服務顧問
主講題目: 「適」得放鬆 - 管「你」壓力

Date and Time 日期及時間

14th December 2023 (Thursday) 3:00 p.m. – 4:15 p.m.
2023年12月14日 (星期四) 下午3時正至4時15分

Mode 形式

Webex

Participant will receive the seminar log-in link and instructions by e-mail at least one working day before the seminar date
參加者將於講座舉行日期前一個工作天或之前以電郵收到講座登入鏈結和使用說明

Reservations ² 報名方法²

Complete and return the Reservation Form through one of the following channels on or before deadline :
於截止日前填妥報名表格及透過以下其中一個途徑交回 :

- Email 電郵 : BEAMPF@hkbea.com
- Fax 傳真 : 3608 6003

¹ Speakers are subject to change based on speaker availability.
如上述講者未能出席，講者名單將會有所更改。

² Deadline for the Online Seminar reservations is **11th December 2023 (Monday)**.
網上講座報名截止日為**2023年12月11日 (星期一)**。

Reservation Form 報名表格

To: Bank of East Asia (Trustees) Limited
致: 東亞銀行 (信託) 有限公司

Fax No.
傳真號碼 : 3608 6003

Email : BEAMPF@hkbea.com
電郵

Name of Participant
(Please fill in BLOCK letters)

參加者姓名 (請用正楷填寫)

:

(先生 Mr / 小姐 Miss / 太太 Mrs / 女士 Ms)

Mobile Phone No.

手提電話號碼

:

Email Address*

電郵地址*

:

Scheme No.

計劃編號

:

Employer's Name (If applicable)

僱主名稱 (如適用)

:

*Seminar log-in link and instructions will be sent to this email address

講座登入鏈結和使用說明將發送至此電郵地址

This seminar is specially organised for members and free of charge. Please register at your earliest convenience.
是次講座特別為成員而設及費用全免，請從速報名。

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The information provided by participants will not be transferred to other parties and will be used solely by BEA Trustees for registration/confirmation for this seminar.

參加者所提供的資料將不會轉交予其他組織，及只供東亞信託用作登記/確認參與本講座。

The participants shall be entitled to request to access or correct data, or to request information regarding privacy policies and practices and categories of data held by Bank of East Asia (Trustees) Limited, by writing to: Bank of East Asia (Trustees) Limited, The Individual Data Protection Officer, Bank of East Asia (Trustees) Limited, 32nd Floor, BEA Tower, Millennium City 5, 418 Kwun Tong Road, Kowloon, Hong Kong. In accordance with the provisions of the Personal Data (Privacy) Ordinance, BEA Trustees has the right to charge a reasonable fee for the processing of any data access request.

參加者可以書面方式查閱或更正資料，或查閱有關東亞銀行 (信託) 有限公司的私隱政策及守則及所持有的資料種類。來函請至：香港九龍觀塘道418號創紀之城五期東亞銀行中心32樓·東亞銀行 (信託) 有限公司·東亞銀行 (信託) 有限公司個人資料保障主任。根據《個人資料 (私隱) 條例》的條文，東亞信託有權就處理任何查閱資料的要求收取合理費用。

Presented by: Bank of East Asia (Trustees) Limited

主辦機構：東亞銀行 (信託) 有限公司

Co-organisers: BEA Union Investment Management Limited and Vital Employee Service Consultancy

協辦機構：東亞聯豐投資管理有限公司及盈力僱員服務顧問

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